

YVONNE AYLIFFE & ASSOCIATES
REGISTERED OSTEOPATHS

Tacolneston Osteopaths

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Dear Patient

This letter is to confirm your appointment at the Tacolneston/Aylsham practice on DAY MONTH at time
Please note the following information:-

Please bring with you a note of any medications (or the medications themselves) either prescribed or over the counter, including any homoeopathic or herbal remedies you are using. If you have any MRI or CT information please bring this with you, it will aid in assessing your condition and in reaching a correct diagnosis.

On the first visit a detailed case history will be taken, including a full medical history. Then depending on the location of the problem I will usually want to make a full examination of the spine or the region where there is pain. This may involve undressing to your underwear or you can wear shorts and a tee shirt if you prefer. You are welcome to bring a friend or relative with you into the treatment room if it makes you feel more comfortable. Please note that the case history information and examination will take up most of the time on the first visit. For a child this will not be the case and areas to be looked at will be discussed first.

At the end of the first consultation/examination a detailed explanation of the diagnosis and proposed treatment will be given to you. Please do not hesitate to ask any questions about anything that you do not understand about the proposed treatment.

The current fees are £ for your first visit which will probably normally last approximately 45 minutes and £ for subsequent visits which will normally last for 30-45 minutes. However, please note that these appointment lengths may vary as some conditions need extra time and some require less time. The important point to remember is that your osteopath aims to achieve the maximum benefit for your condition during each treatment session and the fee reflects your osteopaths experience and decision on each occasion.

If you are insured you are expected to settle the bill for each visit yourself (unless otherwise agreed that the osteopath will claim direct from your insurers) and you will be given a receipt so that you can reclaim the fee direct from your insurance company. Payment can be by cheque or cash. If for any reason you decide not to take up this appointment, please call as soon as possible to cancel as we can then give the appointment to another patient. If you cancel with less than 24 hours notice the Clinic's policy is to charge a fee for the time allocated. I look forward to seeing you.

Yours sincerely

p.s. Please bring this letter/a copy of this email with you to your appointment.

Clinic Director & Principal Osteopath-Yvonne Ayliffe D.O., Paed.Ost.Dip.,FSCCO, CNHC ,MICrA, BSSCMD
Associate Osteopaths Chloe Savage M.Ost.D.P.O., Chanté Batson M.Ost
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